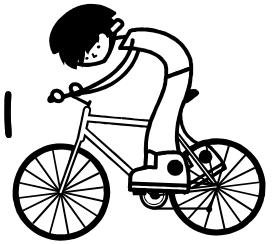
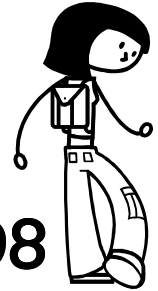


Please join us at
Cottonwood Valley Charter School
for



Walk and Roll To School Day



Thursday, October 9, 2008

Walk and Roll to School Day is an annual event held around the world to promote safe walking and bicycling to school throughout the school year!

All CVCS students who "Walk & Roll" to school on Thursday will receive a sticker and a prize!

Participants must wear appropriate safety gear, e.g. helmets for bicycling, and follow safety rules such as riding on the right side of the road and crossing carefully at stop signs.

What are the benefits of kids walking and bicycling (or using a skateboard, skates, scooter, wheelchair or other means to get) to school along safe routes?

- ☺ Daily exercise for kids!
- ☺ Fewer cars dropping off kids at school, which means less traffic, safer streets, better air quality, and less money spent on gas!
- ☺ Students spend time with their friends and arrive at school energized and ready to learn!

Visit www.walktoschool.org for ideas and to see who's walking around New Mexico and the USA! For information about how to encourage kids to walk and roll to school every day, please visit the NM Safe Routes to School website at www.nmsaferoutes.com